

# PARENT *Formation Series*

FALL 2021

SUNDAY, OCTOBER 24 | CHILDREN, TEENS, & ANXIETY



## *what it is & how to accompany your children who may struggle with it*

The number of teens who struggle with anxiety has increased over the past few years. This can add difficulties for parents in their relationships with their children. Join us for a presentation on anxiety given by Jazmin Gutierrez. Hear her present on defining and recognizing anxiety and learn different tools to help walk with your children who may experience it.

### **Jazmin Gutierrez, M.A., PLPC, NCC**

Associate Director, Catholic Counseling Services Archdiocese of New Orleans

SUNDAY, NOVEMBER 14 | DIGITAL HEALTH FOR TEENS

## *tools for parenting in the digital age*

Technology has become a widespread tool in our time. While it has its benefits, technology and the internet can bring about many challenges in the lives of teens. Join us as Dr. Mario Sacasa presents on these challenges and what you can do as parents to walk with them towards a healthier digital life.



### **Dr. Mario Sacasa, Ph.D., LMFT**

Associate Director, Willwood Community, Faith and Marriage Apostolate / Host, Always Hope Podcast

SUNDAY, DECEMBER 5 | FAITH OR SCIENCE?



## *which one is right?*

Sometimes faith and science sound like polar opposites. How can we make sense of this? Which one has more authority over the truth? Join us for a night as we explore these questions with Jordan Haddad as he unfolds key elements in understanding the mysteries of faith and the depths of science.

### **Jordan Haddad, Ph.D. (Candidate)**

Director of Lay Ministries and Formation & Associate Professor of Dogmatic Theology, Notre Dame Seminary

## DETAILS

All Parent Formation nights will take place from 7:30pm - 8:30pm in the Church.

For questions or more information please contact **Dylan Mitchell** at [dmitchelledivinemercyparish.org](mailto:dmitchelledivinemercyparish.org) or visit our webpage below.

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